

# **NAMI FN 2017**

## **Yearly Report**

### **On**

## **Programs and Services**

- **North Idaho Crisis Service:** Phone Line for Bonner and Boundary counties for those who are in a mental health crisis. Eight licensed mental health professionals are available 5 p.m. - 8 a.m. **M -F Saturday/Sunday 24hrs.** Crisis Line # **208-946-5595**

NAMI FN is in the process of recruiting volunteers to answer phones to fulfill our goal of providing a 24/7 service. Volunteers are asked to serve one 4 1/2 hr. shift. We need 10-12 volunteers. We have 4 volunteers at this time **NICS** has been operating for 2 years. Supported by partners and individuals.  
NAMI FN

Bonner County Human Rights Task Force

Equinox Foundation

North Idaho Action Fund

Inland Northwest Community Foundation

Idaho Community Foundation

Sandpoint City Police Department

Prayer Flags of Hope and Peace by Linda Heisel

Numerous private donations

We continue to build our donor database, seek new grants & funding

**In 2017, this service received 156 phone calls... ..highest caller issues Interpersonal 56.... Created safety plans... 67.**

- **Family-to-Family Education Program is a free 12 week course** to support and educate families who have relatives with mental illness. NAMI FN funded Amber Snoddy and Evelyn Miller to be trained to facilitate this signature program. We are proud that we can offer this class to our community. **Amber Snoddy & Evelyn Miller will Be facilitators May 20 thru June 20 will be offered in 2018**

- **Advisory Board/Advisory Volunteers**

Lynn Pietz created members of the community from Bonner and Boundary Counties to assist NAMI FN with help in areas of their expertise. In 2017 we have added seven Advisory Volunteers to the list. These members and friends of NAMI FN are available to request help with our events.

- **Membership : Actively recruiting new members** 2017 brought us 9 new members which brings us up to 28 active members..Our members make a difference in our resolve to provide support, education and advocacy to those with mental illness and their caregivers. We strive to empower those with mental illness and the loved ones that take care of them. We want to send the message " You are not alone".

- **Gini Woodward is our Region 1 Behavioral Health representative for NAMI FN.** We receive monthly meeting minutes that keep us connected with mental health issues in North Idaho. This board provides a sustainability for access to Mental Health and Substance Use Services.

- **NAMI FN Facebook site and namifarnorth.org has updated posts on the Speaker/Topic of our Monthly General, Local NAMI FN events, and provides links to mental health issues.**

- **Conduit of Care Program** provides our State Hospital North patients support and ease of their transition back into communities **Gini Woodward coordinator** shares NAMI FN impact this program  
NAMI FN supplied much needed blankets, mittens, hats and toiletries for the patients  
**New this year,2017, NAMI FN members** had two events. They gathered to show that we care about the patients by writing **Christmas cards** and **Valentine cards**. They truly appreciated the support and love.

- **At our Monthly Meetings for Support/Educate /Advocate**  
**Jan Burt facilitator for Connections**  
**Amber Snoddy & Lynn Pietz facilitators for Family/Friends Support**

**Community Outreach/ Our Mission to improve quality of life for those with mental illness through support and education**

- **May 6** - NAMI FN donated an informational/Care&Support basket for the East Bonner County Library Fundraiser
- **June 16** - POAC Artwalk at **La Chic Boutique** owner **Justine Murray** featured 2 NAMI artists/shared NAMI FN information  
**Also,** Justine sponsored NAMI FN by choosing our nonprofit to provide a % of her sales in Shop Around Sandpoint event

**Note: Xtreme Carpet Cleaning** owned by **Denise Mayo** donated a % of their sales for a month

- **August 8-12** participated with NAMI FN informational booth at the Bonner County Fair
- East Bonner County Library - **September 17 to October 17** NAMI FN shared information through display cases
- **Support/Educate/Advocate at NAMI FN Monthly Meetings**  
Held every **third Wednesday** of the month at Bonner General Hospital classroom start time **5:30 p.m.** We provide pertinent speakers then break out in our support groups....**Connections, Support group** for those with mental illness..**Jan Burt, facilitator. Family Support group** for those who care about the individuals with mental illness. We are proud to provide non-judgmental, sympathetic concern in an atmosphere of confidence and shared experience. Our door is always open to the public.

**Linda Heisel** has started a peace movement to get as many prayer flags of peace and Hope into homes, businesses and classrooms to create awareness of mental illness and to replace the stigma put upon this disease.

She has sold approximately 144 sets and given away 146

She has donated close to \$3,000 to the **North Idaho Crisis Line.**

**2017 is her second year.**

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Respectfully Yours,  
Ellie Lizotte/President

